



PARC Swim - Schools Program Newsletter

TERM 3, 2023



Info for Teachers:

Coming soon

PARC Swim is in the process of developing a classroom/dryland water safety program in partnership with Life Saving Victoria that can be a stand alone program or an addition to an intensive program. This program will be aligned with the Victorian Curriculum - Health and Physical Education: Swimming and Water Safety Strand. Stay tuned for more details and how your school can sign up!

Info to Share with Parents:

Why it is important to continue lessons in winter?

Although we are well and truly into the colder months of the year – PARC would like to remind all parents of the importance of continuing any swimming lessons your child/children might be attending. Children learn best with repetitive instruction and ongoing practise. Remembering that summer water safety preparation begins now!





Classroom Activity idea:

Reach Rescues

Got 5 minutes spare and want to practice some water safety skills with your students? Here is an instructional video for your class that you can watch and then do together. Visit: parc.peninsulaleisure.com.au/schools-swim-portal/#ssp-parents Scroll to the bottom to see our useful resources and videos.

The PARC Swim schools program supports local school students build confidence and skills in the water. **Email** <u>parc.schools@peninsulaleisure.com.au</u> to learn more or enquire about availability.